

CAREGIVER SUPPORT GROUP



Sponsored by Hazel Hawkins Memorial Hospital

3rd Wednesday of each month
4:00 - 5:00 p.m.
Hazel Hawkins Memorial Hospital
GREAT ROOM
2nd Floor—Support Services Building
911 Sunset Drive • Hollister

2018 DATES:

MARCH 21, APRIL 18, MAY 16, JUNE 20, JULY 18,
AUGUST 15, SEPTEMBER 19, OCTOBER 17, NOVEMBER 21, DECEMBER 19

THE GROUP WILL PROVIDE:

- An opportunity to exchange practical information on caregiving problems and possible solutions
- An outlet to discuss challenges and healthy coping mechanisms
- A safe atmosphere to share feelings, needs, and concerns
- Contact information for resources available in your community

For more information, please call:

Joshua Mercier, MSW

Medical Social Worker

(831) 635-1425



Hazel Hawkins
MEMORIAL HOSPITAL

www.hazelhawkins.com

